



Competition Rules

Mountain Bike Rally Emotions

26 April 2026

RULES of the RACE

1. Participation

The Mountain Bike Rally Emotions (MTBRE) is organized within the framework of Lugano Bike Emotions (LBE, organizer). All entrants and participants must accept and comply with these regulations and the requirements set out in the following points.

2. Image

Competitors undertake not to display advertisements of an obscene, political or religious character or in conflict with the official sponsors of the event and/or the organizers. Furthermore, they agree to the use of images by the organizer, both static and moving, which will be taken during the event and which will be used for promotional purposes.

3. Provisions

Participants in the MTBRE self-certify their good health, hence their fitness to engage in strenuous sporting activity, and release the organizer from all liability in this regard. Participation is conditional on the use of bicycles, muscular type MTBs.

4. Stages and Start

The race will be run over a distance of 60 km, along five timed special stages (PS) linked by transfer sections. A briefing will precede the official start in the city center, which all MTBRE participants must attend. Competitors will be given all information about the race and route safety. A start time window will be given at each PS start, while at the end of the PS3 a maximum time window will be set beyond which the participant will be eliminated from the race (valid for participants registered for the Long Course).

The competitors' starts will have a 15-second cadence. The organizer reserves the right to change the number of SPs and transfer routes for reasons of competitor safety.

During road sections open to traffic, competitors must comply with Swiss traffic regulations and behave in a respectful manner.

5. Starting order

The athletes will start within the time window defined by the organizer. SS1, will take place in groups according to categories with a 30-second interval, while the starts of SS 2-3-4-5 will take place individually every 15 seconds subject to the maximum start time.

6. Itinerary

The special stages will be in line and will respect the characteristics and regulations of XCM races (cross country and marathon). One or more passage controls may be carried out during each stage. Failure to pass at one of these points will result in disqualification from the race.

7. Technical zones

The organizer will provide 2 technical zones at the end of SS 2 and 4.

8. Refueling Zones

Refueling zones are provided at the end of each special stage.

9. Safety regulations

The wearing of a helmet and gloves is compulsory throughout each stage.

Each athlete must be in possession of a (functioning) mobile phone during the entire race route.

The organizer will provide position-tracking equipment via GPS signal which must always be on the runner and returned to the InfoPoint in the LBE village in the city center at the end of the race.

Private insurance with accident coverage is mandatory prior to registration. Membership of REGA (Swiss Air Rescue Guard) is also recommended.

10. Obligations of the competitor

- The participant must observe the normal rules of diligence with regard to respect for the environment and infrastructure
- No waste of any kind may be left on the route
- The indicated route must be scrupulously followed
- The competitor is obliged to provide assistance by informing the race management at the indicated numbers in a timely manner
- He/she must favor sportsmanship over a competitive spirit and comply with every decision of the organization

- Always respect the Highway Code
- Failure to comply with the rules mentioned in this article will result in disqualification from the race.

11. Participants' health and safety

Each participant self-certifies 'that he/she is sufficiently trained to participate in this race and to be in good health'.

For distress calls along the various routes, the organizer and the competitors are aware that the that the intervention will be handled by calling the CENTRALE 144; the safety bodies will decide for themselves how to provide assistance and first aid. intervention.

In principle, the medical crew is positioned at the start and end of the various trials; mobile posts are provided along the entire route by means of an integrated safety plan integrated safety plan. The organizer will set up an appropriate security service in coordination of all the emergency services deployed for the success of the event.

The race management and the medical and health personnel present may oblige the participant in an obvious state of breathlessness to stop the race immediately.

Should he or she continue of his or her own volition, despite the recommendations, the organizer will not be obliged to provide any assistance or supervision.

12. Route signposting

The route will be signposted with arrows, webbing and signs. Non-compliance with the indications will result in disqualification

13. Maximum time

The maximum time of the race will be set by the race director depending on the weather and race time.

14. Penalties

Failure to comply with the rules and these regulations may result in disqualification from the race.

15. Changes to the route

The organizers reserve the right to alter the route for safety reasons.

16. Complaints

The race management will only accept complaints signed by the individual participant, submitted in writing within half an hour of the posting of the unofficial finishing order and provided with proof justifying the complaint (the name of the complainant will not necessarily be disclosed). A deposit of CHF 100. - will be required to lodge a complaint and will only be returned if the complaint is upheld.

17. Registration

The maximum number of participants is set at 250.

18. Prize-giving

The prize-giving ceremony will take place in the Lugano Bike Emotions 'village' in the city center. Prizes may be combined and will only be awarded to the winners present. Category prizes will only be awarded if at least three competitors make up the category. The following finish orders will be considered

- "More than Kids": under 23 years old M/F (year of birth 2004-2011)
- "Young Leaders": between 23 and 39 years old M/F (year of birth 1987-2003)
- "Senior Guys": between 40 and 59 years old M/F (year of birth 1967-1986)
- "Evergreens": 60 years old and above M/F (year of birth 1966 or earlier)
- "Better Together": pairs composed of participants of any gender, with no age restrictions

Prizes not collected will not be sent out.

19. Various

The MTBRE organization reserves the right to make changes and modifications, even substantial, to these regulations, the route, the stage venues or the number of stages. Any changes to these regulations, during the course of the event, will be communicated to competitors at the start of each stage.

20. Renunciations

In the event of renunciation, the registered competitor may claim back 80% of the fee by communicating 30 days before the race. The date considered for the reimbursement will be the date on which the organizer becomes aware of the renunciation. The renunciation must be given in writing by e-mail or letter. In the event of cancellation due to weather conditions, the organizer will refund 50% of the entry fee.

21. Withdrawals

A competitor who has withdrawn or been eliminated for having reached the maximum time limit must go to the arrival point in Tesserete for the delivery of the timing chip and to the LBE village info point in the city center for the GPS tracking system.

22. Race number plate

It is compulsory for competitors to display intact, unmodified, without additions, the race number and other identification provided by the organization.

23. Briefing

A briefing will precede the official start in the city center which all MTBRE participants must attend. During the briefing, which will be held in Italian and English, competitors will be given all the information they need to find the route and any difficulties of the stages will be pointed out. At the start of the individual SPs, the staff in charge will inform the competitors of any special arrangements relating to the individual SP.

24. Cancellation or postponement of the race

Should force majeure occur such as to postpone or make impossible the holding of the MTBRE, in the unquestionable judgement of the organizing committee, the competition may be cancelled at any time and the MTBRE organization will not be liable to participants.

25. Compulsory race equipment

- MTB helmet, MTB gloves and appropriate equipment in full service
- Mobile phone
- Race number (provided by the organizer)
- GPS device (provided by the organizer)

26. Data protection

The use of personal data is governed by the data protection declaration at www.luganobe.ch to which we refer for further information and which is an integral part of these regulations.

Photos and films taken as part of our event can be used free of charge on TV, on the Internet, in our advertising material, in our magazines and books